

Localvores

<http://lansingarealocalvores.org/>

The Lansing Area Localvores are a group of people who have coalesced around the issue of local food. The original motivation was to find a concrete way in which we could work toward making Lansing a more sustainable community. In June, Margaret Kingsbury suggested offering a “localvore challenge” to the community: try eating only locally grown food for a week, a day, or a meal. This immediately resonated with the group as a concrete, simple way to involve many people in meaningful action. Eating local food conserves energy, invests money in the local economy, is healthy and tastes good!